

031305T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/03/5

Provide Psychological First Aid (PFA) Services

November/December 2024



**TVET CURRICULUM DEVELOPMENT ASSESSMENT AND CERTIFICATION
COUNCIL**

OBSER

CKLIST

INSTRUCTIONS TO THE ASSESSOR

1. You are required to mark the practical as the candidate performs the tasks.
2. You are required to take video clips and photos at critical points.
3. Ensure the candidate has a name tag and registration code at the back and front.

OBSERVATION CHECKLIST

Candidate's Name			
Candidate's Registration No.			
Assessor's name & Reg. code			
Unit(s) of Competency	Provide Psychological First Aid (PFA) Services		
Venue of Assessment			
Date of assessment			
<i>(Indicate the marks available and marks obtained respectively. Award marks appropriately as guided for in the items for evaluation indicated. Give a brief comment where necessary)</i>			
Items to be evaluated:	Marks allocated	Marks obtained	Comments
TASK 1: Prepared to Provide Psychological First Aid (PFA) Services			
1. Prepared the Psychological First Aid services venue according to counselling standards 3 Similar chairs arranged appropriately (an arm length apart with a small-sized table positioned correctly (not in between the counsellor an client) <i>(Award 2 marks for an appropriately arranged counselling room or 0 if not appropriately arranged)</i> - Correctly placed other items required in venue preparation ✓ A box of tissues/serviettes ✓ Water ✓ First Aid box ✓ Wall clock ✓ Wastepaper basket. <i>(Award 2 mark for any4 items identified or 0 if not identified)</i>	2		

• Length of the session • The fees and mode of payment • Cancellation policy • Referral process <i>(Award 2 marks if any 2 aspects of contracting above were mentioned or 0 if one or none were mentioned)</i>	2		
Sub-Total Task 1	20		
TASK 2: Provided Provide Psychological First Aid (PFA) Services			
5. Obtained client's bio-data according to counselling standards • Name • Age • Gender • Birth order. • Occupation • Contacts • Physical address • No. of children • Education background • Family background • Medical history <i>(Award 4 marks for any 8 items considered or 0 if data was not obtained)</i>	4		

6. Provided basic counselling according to presenting issues, assessment outcomes and counselling standards: • Identified 2 presenting issues • Identified 2 underlying issues <i>(Award 2 marks each for any 2 issues identified or 0 if none was identified)</i> • Developed counselling goals ✓ The client goals ✓ The counsellor's goals <i>(Award 1 mark each for any 2 issues identified per goal or 0 if none is identified)</i> • Used relevant counselling skills ✓ Active listening ✓ Asked relevant questions ✓ Minimal prompts ✓ Paraphrasing ✓ Unconditional positive regard ✓ Empathy ✓ Questioning ✓ Summarizing <i>(Award 1 mark each for any 4 skills used or 0 if not used)</i> • Used counselling theories ✓ Applied relevant counselling theories based on the presenting issue, e.g. Psychoanalysis, Gestalt, cognitive behavioural, and person-centred. <i>(Award 3 marks each for any 2 theories applied or 0 if not)</i> ✓ Applied relevant techniques, e.g. free association, systematic desensitization, thought-stopping, core conditions <i>(Award 2 marks each for any 3 techniques applied or 0 if not applied)</i>	2 2 1 1 4 6		
Sub-Total Task 2	20		
TASK 3: Evaluated Provide Psychological First Aid (PFA) Services			
7. Evaluated counselling according to counselling standards.			

- The counsellor built a working relationship - The counsellor attended to them. - The client felt supported and helped - The client was willing to come back (Award 1 mark for each item performed or 0 if not performed) Candidate self-evaluation; - Areas of strength - Areas that need improvement (Award 2 marks for each area identified or 0 if none is identified)	1 1 1 1 2 2		
Sub-Total Task 3	8		
TASK 4: Terminated Provide Psychological First Aid (PFA) Services			
8. Terminated the PFA session according counselling standards. - Terminated gradually - Highlighted key issues - Conducted appropriate referral / booked the client for the next session based on the case. (If referral is done, a filled referral form MUST be presented) (Award 2 marks for each task performed or 0 if not performed)	2		
Sub-Total Task 4	6		
TOTAL MARKS	54		
ASSESSMENT OUTCOMES			
The candidate was found to be: Competent ☐ Not yet competent ☐ (Please tick as appropriate) (The candidate is competent if s/he gets 50% or higher)			
Feedback from candidate:			

Feedback to candidate:

Candidate's signature:

Date:

Assessor's signature:

Date: