

031305T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/03/5/A

Provide Psychological First Aid (PFA) Services

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL
(TVET CDACC)**

PRACTICAL ASSESSMENT

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INSTRUCTION TO THE ASSESSOR

You are required to read these instructions

he candidate

INSTRUCTIONS TO CANDIDATE

1. You have **ONE** hour to perform all the tasks.
2. You are required to carry out the following practical tasks:
 - i. Prepare to offer Psychological First Aid Services
 - ii. Provide Psychological First Aid Services
 - iii. Evaluate provision of Psychological First Aid Services
 - iv. Terminate provision of Psychological First Aid Services
3. You are provided with the following resources for the tasks
 - Soft tissues
 - Identical Seats
 - Working wall clock
 - Small table

- Small Waste bin
- Dispenser/Water access point (with cups)
- Counselling venue
- Forms;
 - ✓ Client intake form
 - ✓ Consent form
 - ✓ Referral form
- Assessment tools;
 - ✓ Anxiety inventory
 - ✓ Clinical interview checklist
- Pens
- Notebook
- Client