

031305T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/02/5/A

Provide Basic Counselling services

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL
(TVET CDACC)**

**PRACT
T
MENT**

INSTRUCTION TO THE ASSESSOR:

You are required to read these instructions and guide the candidate

INSTRUCTIONS TO CANDIDATE

1. You have **ONE** hour to perform all the tasks.
2. You are required to carry out the following practical tasks:
 - i. Prepare to offer Basic Counselling Services
 - ii. Provide Basic Counselling Services
 - iii. Terminate provision of Basic Counselling Services
 - iv. Evaluate Basic Counselling Services
3. You are provided with the following resources for the tasks:
 - Soft tissues
 - Similar Seats

- Working wall clock
- Small table
- Waste paper bucket
- Dispenser/Water access point (with cups)
- Counselling venue
- Counselling forms;
 - ✓ Client intake form
 - ✓ Consent form
 - ✓ Referral form
- Assessment tools;
 - ✓ Anxiety inventory
 - ✓ Depression inventory
 - ✓ Stress inventory.
 - ✓ Self-esteem scale
 - ✓ Relationship scale
- Pens
- Writing pads/notebook
- Client