

031305T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/03/5

Provide Psychological First Aid (PFA) Services

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL
(TVET CDACC)**

PRACTICAL ASSESSMENT

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INSTRUCTIONS TO CANDIDATE

1. You have **ONE** hour to perform all the tasks.
2. You are required to carry out the following practical tasks:
 - i. Prepare to offer Psychological First Aid Services
 - ii. Provide Psychological First Aid Services
 - iii. Evaluate provision of Psychological First Aid Services
 - iv. Terminate provision of Psychological First Aid Services
3. You are provided with the following resources and required to avail your client for the tasks
 - Soft tissues
 - 3 Identical Seats
 - Working wall clock
 - Small table
 - Small Waste bin

- Dispenser/Water access point (with cups)
- Spacious room
- Counselling Forms;
 - Client intake form
 - Consent form
 - Referral form
- Assessment tools;
 - Beck's Depression Inventory (BDI)
 - Beck Anxiety Inventory (BAI)
- Pens
- Notebook