

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/08/6

Provide Addiction Counselling

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COU CDACC)**

PRACTI ENT

INSTRUCTIONS TO THE ASSESSOR

1. You are required to mark the practical as the candidate performs the tasks.
2. You are required to take video clips and photos at critical points.
3. Ensure the candidate has a name tag and registration code at the back and front

OBSERVATION CHECKLIST

Candidate's name			
Registration no.			
Assessor's name & Reg. code			
Unit(s) of Competency	Provide Addiction Counseling		
Venue of Assessment			
Date of assessment			
<i>(Indicate the marks available and marks obtained respectively. Award marks appropriately as guided for each item of evaluation. Give a brief comment where necessary)</i>			
Items to be evaluated:	Marks allocated	Marks obtained	Comments
TASK 1. Prepared to Provide Addiction Counselling			
1. Prepared the counselling venue according to counselling standards • A venue that is conducive for counseling • 3 similar chairs • 1 small table <i>(Award 2 marks for an appropriately arranged counselling room)</i>	2		
Identified other elements needed in venue preparation • A box of soft tissue or serviettes • Water • Wall clock • First Aid Box • Waste paper basket <i>(Award 1 Mark for at least 3 items identified)</i>	1		
2. Oriented client to addiction counselling services according to counselling standards • Greeted the client appropriately			

• Referral process • Risks of counselling <i>(Award 1 mark each for any 4 tasks conducted)</i>			
Sub-Total Task 1	16		
TASK 2. Provided Addiction Counseling			
5.Obtained client's bio-data according to counselling standards • Full names • Age • Gender • Level of Education • Marital Status • No. of children • Residence • Sex Orientation • Birth order • Occupation • Religion • Personal Contact/Physical address • Contact of next of kin • Family history • Medical history • Psychiatric history <i>(Award 2 marks for at least 4 items obtained)</i>	2		
6.Provided addiction Counseling according to presenting issues, assessment outcomes according to counselling standards • Identified 2 presenting issues ➤ Substance use disorder (SUD)			

➤ Parenting	2		
• Identified 2 underlying issues			
➤ Trauma			
➤ Grief and loss	2		
<i>(Award 2 marks each for any 2 identified</i>			
Application of basic counseling skills			
• Asked relevant questions			
➤ Open ended			
➤ Probing			
➤ Reflection			
➤ Scaling questions			
➤ Exception	6		
<i>(Award 2 marks each for any 3 questions</i>			
Developed counselling goals			
<i>(Assessor to ask the candidate)</i>			
• The client goals			
➤ Harm reduction			
➤ Abstinence			
➤ The counsellor's goals			
Refer for treatment for both substance			
and cancer	1		
Attend support group			
<i>(Award 1 mark each for any goal identified Used</i>	1		
relevant counselling skills			
<i>(Assessor to observe)</i>			
➤ SOLER			
➤ Empathy			
➤ Open ended questioning			
➤ Summarizing			
➤ Active listening			
➤ Minimal prompts	6		

➤ Solution Focused <i>(Award 2 marks each for any 2 theories applied)</i> Applied relevant techniques ➤ Cognitive restructuring ➤ Relaxation and stress reduction techniques. ➤ Contingency management ➤ FRAMES ➤ Roll with resistance ➤ Developing discrepancy ➤ Supporting self-efficacy <i>(Award 2 marks each for any 3 techniques applied)</i>	4		
Sub-Total Task 2	30		
TASK 3: Evaluated Addiction Counseling according to counseling standards			

➤ The client was willing to come back <i>(Award 1 mark for each item evaluated)</i> Evaluated by the Assessor. (Ask the candidate) • Areas of strength ➤ Rapport building ➤ Use of basic counseling skills <i>(Award 2 marks for one strength given)</i> Areas that need improvement <i>(Award 2 marks for one area of improvement given)</i>	1		
	2		
	2		
Sub-Total Task 3	8		
TASK 4: Terminated Addiction Couns			
8.Terminated addiction counselling according to the counseling standards			
a) Prepare client to terminate session gradually	2		
b) Summarized key issues presented	2		
c) Conducted appropriate referral			
d) Next appointment based on the case	2		
<i>(Award 2 marks for any 3 items applied)</i>			
Sub-Total Task 4	6		
Total scores	60		
ASSESSMENT OUTCOMES			
The candidate was found to be:			

Competent ☐ Not yet Competent ☐ <i>(Please tick as appropriate)</i> <i>(The candidate is competent if the candidate obtains at least 50%)</i>		
Feedback from candidate:		
Feedback to candidate:		
Candidate's signature:	Date	
Assessor's signature:	Date	

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