

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/08/6

Provide Addiction Counselling

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICE ASSESSMENT

INSTRUCTION TO THE VERIFIER

1. Read the following excerpt and brief the person acting as client on expected emotional and behavioural expressions

INSTRUCTIONS TO THE PERSON ACTING THE CLIENT

1. Rehearse the following excerpt, which captures the content of what you will present to the counsellor in a simulated situation where you will act as the client.
2. You have **10 minutes** to read and understand the excerpt

EXCERPT

Muigai is a 34-year-old man working as a construction site manager. He presents to addiction counselling services seeking help for his ongoing alcohol use. He reports a history of binge drinking dating back to his early 20s, which has escalated significantly over the past two years

following a divorce and job-related stress. He says the bottle is his only companion and makes him feel relieved, happy, and peaceful, even when the world seems to turn against him.

He admits that his alcohol use is now interfering with his ability to function both professionally and personally. He has received a formal warning at work due to absenteeism and a recent on-site altercation with a co-worker while under the influence. His ex-wife has also expressed concern about his drinking around their 8-year-old daughter during weekend visits.