

**031306T4PSY**

**COUNSELLING PSYCHOLOGY LEVEL 6**

**PSY/OS/CO/CR/08/6**

**Provide Addiction Counselling**

**March /April 2025**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**PRACTICAL ASSESSMENT**

**CA**

**OOL**

**R**

**INSTRUCTIONS TO THE CANDIDATE:**

1. You are required to carry out the following practical tasks:

TASK 1: Prepare to Provide Addiction Counselling

TASK 2: Provide Addiction Counselling

TASK 3: Evaluate Addiction Counselling

TASK 4: Terminate Addiction Counselling

2. You are provided with the following resources for the tasks:

- a. Counselling venue
- b. Soft tissues
- c. Seats
- d. Working wall clock
- e. Small sized table
- f. Waste bin
- g. Dispenser/Water access point (with cups)
- h. Stationery i.e. Biro pens and notebook

i. Counselling Forms:

- ✓ Intake
- ✓ Consent
- ✓ Referral

j. Screening tools:

- ✓ CAGE Questionnaire (Cut down, Annoyed, Guilty, Eye-opener)
- ✓ AUDIT (Alcohol Use Disorders Identification Test)
- ✓ ASSIST (Alcohol, Smoking, and Substance Involvement Screening Test)
- ✓ ASI (Addiction Severity Index)

k. Assessment tools:

- ✓ Clinical Interviews.
- ✓ Personality tests
- ✓ Brief Trauma Questionnaire (BTQ)
- ✓ Anxiety inventories
- ✓ Depression inventories

l. Client