

091505T4NUT

NUTRITION AND DIETETICS LEVEL 5

MED/OS/NUD/CR/03/5/A

Conduct Nutrition Care Process

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACT MENT

INSTRUCTIONS TO ASSESSOR

1. Assess the candidate as the practical progresses observing the critical areas
2. You are required to mark the practical as the candidate perform the tasks
3. You are required to take video clips at critical points
4. Ensure the candidate has a name tag and registration code at the back and front

OBSERVATION CHECKLIST

Candidate's Name & Registration Code			
Assessors Name & Registration Code			
Venue of Assessment			
Date of Assessment			
Items to be Evaluated: <i>Please award marks as appropriate. Give a brief comment on your observation.</i>	Marks Available	Marks Obtained	Comments
1. Donned personal protective equipment; • Lab coat • Closed, flat shoes <i>(Award 1 mark each)</i>	03		
2. Assembled all tools and equipment required to perform the tasks <i>(Award 1 mark each)</i>	01		
Sub-			
TASK 1: CARRY OUT ANTHROP		ASUREMENTS ON NATI'S SON.	

3. Carried out weight measurements; • Calibrated the scale to zero. • Requested the mother to remove heavy clothing on the baby. • Lined the scale with the liner. • Asked the mother to sit the baby on the scale. • Read and recorded the measurement to the nearest kilograms(kg). <i>(Award 1 mark for each step)</i> 4. Carried out length measurements; • Placed the board on a flat clean surface (the table or floor). • Lined the length board with the line • Asked the mother to lie the baby straight on the length board, the head bar touching the top of the child's head • Ensured that the child's knees were straightened and footboard placed in contact with the feet • Read the measurement, took a second reading and averaged them to get the final reading for the length measurement. • Recorded the findings in centimeters. <i>(Award 1 mark for each step)</i>	05		
Sub-Total 2	11		
TASK 2: DETERMINE HIS NUTRITION STATUS USING WHO WEIGHT FOR LENGTH REFERENCE CHART FOR BOYS.			

5. Correctly determined the nutritional status of Nati's son using the WHO Weight for Length reference chart;	03		
• Correct length • Correct weight • Correct nutrition status <i>(Award 1 mark for each)</i>			
Sub-Total 3	03		
TASK 3: DETERMINE HIS NUTRITION DIAGNOSIS.			
6. Determined the nutrition diagnosis (PES Statement);	04		
<i>(Refer to Appendix 1).</i>			
Sub-Total 3	04		
TASK 4: PROVIDE AT LEAST SIX INTERVENTION MEASURES ON COMPLE EEDING.			
7. Provided at least six nutrition interve measures on complementary feeding			
• Advised as per Appendix 2 <i>(Award 1 mark for each)</i>			
8. Maintained eye contact during the session.	01		
<i>(Award 1 mark)</i>			
9. Ensured audibility throughout the session.	01		
<i>(Award 1 mark)</i>			
10. Gave an opportunity to ask questions.	01		
<i>(Award 1 mark)</i>			
Sub-Total 4	10		
GRAND TOTAL	32		
ASSESSMENT OUTCOME			

The candidate was found to be:	
Competent ☐	Not yet Competent ☐
<i>(Please tick as appropriate)</i> <i>(The candidate is competent if the candidate obtains at least 50%)</i>	
Feedback from the Candidate:	
Feedback to the Candidate:	
Candidate Signature	Date:
Assessor's Signature	Date

APPENDICES

Appendix 1; Determine nutrition diagnosis statement

PES (Problem, Etiology, Signs/Symptoms) statement for the case:

Problem: Underweight

Etiology: Due to poor nutrition knowledge and stopped breastfeeding

Signs/Symptoms: pale skin, his eyes are sunken and his lips are cracked.

PES Statement: Underweight due to poor nutrition knowledge and cessation of breastfeeding as evidenced by pale skin, sunken eyes and cracked lips.

(Award 4 marks)

Appendix 2; Advise on Complementary Feeding

- Gradual introduction of food for t full fluids to soft diet to solid foods and incorporation into family meals.
- Advised on including all the 7 foo diet to provide variety.
- Advised on how to make food gr ; serve the food on plate with attractive colors to encourage intake of meals.
- Advised on adherence to immunization and vaccination schedules.
- Advised on introduction of animal proteins gradually as allergic reactions and intolerances are observed.
- Educated the mother on safety and hygiene when handling the baby to prevent infections.
- Advised on importance of vitamin A supplementation for the baby until she is five years old.

(Award 1 mark each for any 6 correct answers)