

091505T4NUT

NUTRITION AND DIETETICS LEVEL 5

MED/OS/NUD/CR/03/5/A

Conduct Nutrition Care Process

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACT MENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE:

Nati is a first-time mother with a 7 months old baby boy. She works in a recently opened accounting firm. However, due to her busy schedule, she confesses that she has missed two subsequent postnatal clinic visits. She is worried that her son is not gaining enough weight and does not know what to feed him as she stopped breastfeeding. She has been referred to your nutrition clinic to guide her on complementary feeding. You note that her son's skin is pale, his eyes are sunken and his lips are cracked.

1. You are required to perform the following tasks;
 - a. Carry out weight and length measurements on Nati's son.
 - b. Determine his nutrition status using WHO Weight for Length reference chart for boys.
 - c. Determine his nutrition diagnosis.

- d. Provide at least SIX nutrition intervention measures on complementary feeding.
2. You have been provided with the following resources for the practical tasks:

- Fully functional skills lab
- Baby weighing scale
- Length board
- Liner
- Assorted Food models (Carbohydrates, Proteins, Fruits)
- WHO Weight for Length Reference chart for boys
- Dressed baby dummy
- Pre-selected female client
- Fools caps
- Pen

N/B; Pre-selected female client to repre

baby dummy to represent her son.