

102105T4COH

COMMUNITY HEALTH LEVEL 5

HE/OS/CH/CR/02/5

Conduct Community Based Health Care

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL CDACC)**

PRACTICAL ASSESSMENT

OBSERVATION CHECKLIST

Candidate's Name & Registration Code			
Assessors Name & Registration Code			
Venue of Assessment			
Date of Assessment			
Items to be Evaluated: <i>Please award marks as appropriate. Give a brief comment on your observation.</i>	Marks Available	Marks Obtained	Comments
Preliminaries			
1. Donned:			

i. Closed shoes	1		
ii. Wore lab coat	1		
(Award 1 mark each)			
2. Created rapport:			
i. Greeted the students	1		
ii. Introduced self.	1		
(Award 1 mark each)			
3. Prepared session plan			
i. Time – Time actual time of health education	1		
ii. Facilitator – Name of the candidate	1		
iii. Venue – Actual place of health education	1		
iv. Activity – Activities aiding the health education	1		
(Award 1 mark each)			
4. Shared the objectives.			
i. To explain the meaning of psychoactive drugs.	1		
ii. To educate on FOUR classifications of psychoactive drugs while giving examples.	1		
iii. To educate on THREE psychoactive drug demand reduction strategies.	1		
(Award 1 mark each)			
Sub-Total 1	11		
TASK 1: Educated on the meaning of psychoactive drugs			
5. Explained:			

Psychoactive drugs are substances that affect the normal functioning of the brain, bringing changes in perception, consciousness, moods and behavior <i>(Award 2 Marks for correct explanation or zero)</i>	2		
Sub-Total 2	2		
TASK 2: Educated on FOUR classifications of psychoactive drugs while giving examples.			
6. Explained: i. Stimulants: these types of drugs improve body responses, alertness, energy, mood improvement and excitement. They include caffeine, cocaine and nicotine ii. Depressants: they bring anxiety reliefs, tension and relaxations of the muscles. Excessive use can cause death. Examples: alcohol and tranquilizers iii. Hallucinogens: Illusions or imagination of things that does not exist and causes erratic behavior and increased blood pressure. Example include ketamine, peyote and dextromethorphan iv. Narcotics: these drugs are derived from the morphine. Their effects include pain relief, euphoria,	3 3 3 3		

drowsiness, confusion and slow breaths. Example includes some pain killers, ibuprofen and acetaminophen (Award 1 mark for correct answer, 1 mark for explanation and 1 mark for correct example)			
Sub-Total 3	12		
TASK 3: Educated on THREE psychoactive drug demand reduction strategies.			
7. Explained: i. Prevention strategies: ii. Created awareness on the dangers of addiction due to psychoactive drug use. Mentioned avoiding the risk factors contributing to drug use like peer pressure iii. Treatment strategies: Trained the students on proper utilization of established centers for treatment, sensitized on the availability of treatment services including rehabilitation iv. Law enforcement: Highlighted this strategy as a Government intervention on controlling the amount of drugs accessed by the public and its harsh penalties	2 2 2		

(Award 1 mark for correct answer and 1 mark for correct explanation)			
Sub-Total 4	6		
8. Opened a plenary session:			
i) Allowed the audience to ask questions	1		
ii) Answered questions correctly	1		
(Award 1 mark for each correct answer)			
9. Demonstrated communication skills:			
i. Voice projection	1		
ii. Maintained eye contact	1		
(Award 1 mark for each co skill)			
10. Concluded:			
i. Summarized the training	1		
ii. Thanked the audience	1		
(Award 1 mark for each correct skill)			
Sub-Total 3	6		
GRAND TOTAL	37		
ASSESSMENT OUTCOME			

The candidate was found to be: Competent <input style="width: 50px; height: 30px; border: 1px solid black;" type="checkbox"/> Not yet Competent <input style="width: 50px; height: 30px; border: 1px solid black;" type="checkbox"/> <i>(Please tick as appropriate)</i> <i>(The candidate is competent if the candidate obtains at least 50%)</i>	
Feedback from the Candidate:	
Feedback to the Candidate:	
Candidate Signature _____	Date: _____
Assessor's Signature _____	Date _____

Mark sheet

Unit Name (per OS)	Unit Code (per OS)	Total Marks	Marks Awarded	Percentage (%)
Conduct Community Based Health Care	HE/OS/CH/CR/02/5			