

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/07/6

Conduct Nutrition Education and Counselling

July/Aug 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO ASSESSOR

1. Assess the candidate as the practical progresses observing the critical areas
2. You are required to mark the practical as the candidate perform the tasks
3. You are required to take video clips at critical points
4. Ensure the candidate has a name tag and registration code at the back and front

[illegible]

• Gave a time period <u>Introduction:</u> • Introduced topic of discussion • Explanation on relevance of the topic of discussion • Time allocated <u>Body:</u> • Allocated time • Captured content to be discussed <u>Conclusion:</u> • Clearly stated • Time allocated <i>(Award 1 mark each)</i>	03		
	02		
	02		
Sub-Total 1	19		
TASK 2: EDUCATE TH ERS ON BREASTFEEDING.			
5. Educated participants on benefits of breastfeeding to mother and baby. <u>For baby</u> • Optimal nutrition • Bonding • Safety • Immunity • Availability <u>For mother</u> • Bonding • Time efficient • Uterine shrinking • Financial aspect • Boost mood <i>(Award 1mark for each)</i>	10		

6. Educated participants on good positioning and attachment using the teaching aid provided • Mothers' sitting position • Alignment of baby's head and body • Approach of the baby to the breast (nose to nipple) • Position of baby's tummy to mother's tummy. (Face each other) • Mother's support of the baby's whole body with her hand and forearm. <i>(Award 1 mark for each)</i>	05		
7. Educated participants on Signs of good attachment: • Mouth wide open • Chin touching breast • More areola showing above than below the nipple • Lower lip turned out <i>(Award 1 mark for each)</i>	04		
8. Educated participants on Breastfeeding complications • Engorgement • Inverted • Flat nipples <i>(Award 2 marks for each)</i>	06		
9. Demonstrated proper use of teaching aids • Appropriately positioned • Allowed participant interactivity with tool	03		

Used at the appropriate time (Award 1 Mark for each)			
10. Presentation skills: - Audibility - Mastery of content (Award 1 mark for each)	02		
11. Ended the session - Question and answer session - Thanked participants (Award 1 mark each)	02		
Sub-Total 2	32		
GRAND TOTAL	51		
ASSESSMENT OUTCOME			
The candidate was found to be: Competent ☐ Not yet Competent ☐ (Please tick as appropriate) (The candidate is competent if the candidate obtains at least 50%)			
Feedback from the Candidate:			
Feedback to the Candidate:			
Candidate Signature		Date:	
_____		_____	
Assessor's Signature		Date	
_____		_____	