

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/07/6/A

Conduct Nutrition Education and Counselling

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACT

MENT

RS

INSTRUCTIONS TO CANDIDATE:

Role-play

P is a 40-year-old individual working as a receptionist at Jitetee Telecommunications Company, as a customer care personnel. P visits the nutrition clinic you are working at following a referral from a medical doctor. P's weight is 100kgs. From his medical notes, he has been diagnosed with Type 2 Diabetes, and is visibly obese.

1. You are required to perform the following tasks:

TASK 1: In a role-play design, measure and record P's height, and then calculate his Body Mass Index.

TASK 2: Conduct nutritional counselling based on the above findings and his medical condition.

2. You have been provided with the following resources for the practical tasks:

- Height board/Stadiometer
- Nutritional counselling cards
- Assorted Food Charts
- A functional skills lab
- Patient P
- A table
- Two seats
- Two pairs of hand-gloves

Appendix 1: Nutrition Counselling Card

PART A: PATIENT PERSONAL DETAILS			
Patient Name		Age	
Patient Registration Number		Sex	
		Number of Visit	
Phone Number 1		Occupation	
Phone Number 2		Next of Kin Name	
Email Address		Next of Kin Contact	
PART B: TIME DETAILS			
Date and Time of First Visit		Date and Time of Current	
PART C: REPORT DETAILS			
Issue Reported		Issue Diagnosis	
Nutrition assessment data: Nutrition status: 			
Intervention Offered			
Date of Next Visit		Name and Sign of the Nutrition Officer	