

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/07/6/A

Conduct Nutrition Education and Counselling

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACT MENT

Time: 2 HOURS

INSTRUCTIONS TO CANDIDATE:

Case Scenario;

You are a nutritionist stationed in a one of the level 4 hospitals in Northern Kenya. The facility is well equipped with inpatient facilities and hence most patients have to be referred from other health facilities for better health services. You are required to give a nutrition education talk to a group of four community health workers with regards to appropriate identification, referral and admission criteria and management of malnourished children.

1. You are required to perform the following tasks:
 - a. **Task 1**-Develop a session plan that you will use in carrying out the nutrition education to the health workers.

- b. **Task 2**-Educate the community health workers on identification, referral, admission criteria and management of malnourished children.
 - c. **Task 3**-Demonstrate proper hand washing techniques to the community health workers to curb infections.
2. You are provided with the following resources for the practical task
- a. Skills lab
 - b. Four preselected individuals (Male/female)
 - c. Bar soap
 - d. Z score chart
 - e. BMI charts
 - f. Source of water
 - g. Paper towels
 - h. Medium size basin
 - i. Fools caps
 - j. Pen