

091505T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/04/6/A

CONDUCT NUTRITION CARE PROCESS

July/August 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

TIME: 1 HOUR

INSTRUCTIONS TO CANDIDATE

1. Do not write on the question paper.
2. A separate plain paper will be provided.
3. Return this paper to assessor at the end of the assessment.

This paper consists of THREE (3) printed pages

**Candidates should check the question paper to ascertain that all pages are printed as
indicated and no questions are missing.**

You are a nutritionist intern in a health facility working at the antenatal clinic. Grace is a 26-year-old pregnant woman in her first trimester of pregnancy. She is attending her monthly antenatal care. She has been referred to you and presents with severe nausea, passing urine more frequently than usual, vomiting and fatigue.

You are required to perform the following tasks;

Task 1;

- a) Conduct nutrition assessment.

Task 2;

- a) Conduct nutrition diagnosis. (Assuming the MUAC reading is 21.0cm write a PES statement)

Task 3;

- a) Provide nutrition intervention.

Task 4;

- a) Carry out nutrition monitoring.

You have been provided with the following tools and equipment:

- a) Adult weighing scale
- b) Stadiometre
- c) Adult MUAC tape
- d) Pre-selected candidate (Adult Female)

Note: *The pre-selected client will act as Grace*

APPENDIX 1: ADULT NUTRITION ASSESSMENT FORM

Name _____ Sex _____ Age _____

NUTRITION ASSESSMENT

a. Anthropometric assessment

Height (m) _____ Weight (kg) _____

BMI (kg/m²) _____ IBW _____ MUAC (cm) _____

Remarks

b. Clinical Assessment

c. Nutrition diagnosis statement

d. Return date

CARE PLAN

Nutritionist

Signature _____ date _____

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