

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/04/6/A

Conduct Nutrition Care Process

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACT MENT

OBSER CKLIST

Candidate's Name & Registration Code			
Assessors Name & Registration Code			
Venue of Assessment			
Date of Assessment			
Items to be Evaluated: <i>Please award marks as appropriate. Give a brief comment on your observation.</i>	Marks Available	Marks Obtained	Comments
TASK 1: Measure the mid upper arm circumference of the patient			
1. Adhered to safety when handling the patient • Hand gloves • Dust coats • Closed shoes	3		

(Award 1 mark for each)			
2. Assembled all equipment needed for the practical. (Award 2 marks)	2		
3. Carried out MUAC measurement - Ensured the patient is seated and relaxed - Ensured no clothes on the left arm - located the tip of the shoulder and the elbow - pulled the tape at the tip of the bent elbow - marked the midpoint of the upper arm and tape around the arm. - Corrected tape tension and took readings (Award 2 marks for each)	12		
4. Interpreted the MUAC reading as underweight (Award 1 mark)	1		
Sub- Total 1	18		
TASK 2: Interpret the biochemical results and record a diagnostic statement.			
5. Interpreted the hemoglobin record as being iron deficiency anemia (Award 1 mark)	1		
6. Recorded a diagnostic statement - Problem - Etiology - Signs and symptoms (Award 2 marks each)	6		
Sub- Total 2	7		

TASK 3: Provide nutrition intervention			
7. Provided Nutrition counselling on: • High protein diet • High energy diet • Iron rich diet • Iron absorption inhibitors • Fruits and vegetable intake (Award 2 marks each)	10		
8. Provided factual and scientific information and audible when presenting (Award 2 marks)	2		
9. Demonstrated appropriate counselling skills. • Empathy • Listening (Award 2 marks each)	4		
10. Had a well-documented report of the whole process (Award 2 marks)	2		
11. Gave a return date (Award 2 marks)	2		
Sub-Total 3	20		
GRAND TOTAL	45		
ASSESSMENT OUTCOME			
The candidate was found to be: Competent <input style="width: 50px; height: 30px; border: 1px solid black;" type="checkbox"/> Not yet Competent <input style="width: 50px; height: 30px; border: 1px solid black;" type="checkbox"/> (Please tick as appropriate) (The candidate is competent if the candidate obtains at least 50%)			

Feedback from the Candidate:	
Feedback to the Candidate:	
Candidate Signature	Date:
_____	_____
Assessor's Signature	Date
_____	_____