

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/04/6/A

Conduct Nutrition Care Process

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACT MENT

Time: 1 HOUR 30 MINUTES

INSTRUCTIONS TO CANDIDATE:

Scenario:

You are the nutritionist at the TB clinic and an adult female patient on care has been referred to you for nutrition review. The patient has a copy of her laboratory biochemical results. Her haemoglobin levels are 7.2g/dl. The patient appears wasted, assuming her MUAC is 19cm. Carry out the following tasks;

Task 1: Measure the mid upper arm circumference of the patient and comment on her nutritional status based on the given MUAC measurement.

Task 2: Interpret the biochemical results and record a diagnostic statement.

- a. Classify her nutrition status
- b. Document diagnostic statement

Task 3. Provide nutrition counselling

You are provided with the following resources to perform the tasks.

- Writing material / Nutrition Data Form
- MUAC tape for adults
- Nutrition counseling desk
- Pre-selected candidate female
- Pen, foolscap and ruler
- Gloves