

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/01/6/A

Apply Nutrition in Emergency

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO ASSESSOR

1. Assess the candidate as the practical progresses observing the critical areas
2. You are required to mark the practical as the candidate perform the tasks
3. You are required to take video clips at critical points
4. Ensure the candidate has a name tag and registration code at the back and front

OBSERVATION CHECKLIST

Candidate's Name & Registration Code			
Assessors Name & Registration Code			
Venue of Assessment			
Date of Assessment			
Items to be Evaluated: <i>Please award marks as appropriate. Give a brief comment on your observation.</i>	Marks Available	Marks Obtained	Comments
a. Donned required attire; • Dust Coat • Closed Shoes <i>(Award 1 mark for each or zero)</i>	2		
b. Assembled all equipment needed for the practical <i>(Award 1 mark for this)</i>	1		
c. Prepared the room for the exercise • Neatly arranged seats. • Opened window for ventilation <i>(Award 1 mark for each or zero)</i>	2		
d. Established rapport with the clients • Maintained eye contact <i>(Award 1 mark for each)</i>	1		
TASK 1: Carry Out Rapid Assessment and Record			
1. Used the correct tool to measure MUAC. (Adult MUAC Tape) <i>(award 1 mark if correct and 0 if not)</i>	1		
2. Asked the client to remove any clothing covering the inactive arm. <i>(award 1 mark if correct and 0 if not)</i>	1		

3. Calculated the midpoint of the client's left upper arm and marked the mid-point. (award 2 mark if correct and 0 if not)	1		
4. Placed the tape at zero, indicated by two arrows, on the tip of the shoulder and pulled the tape straight down past the tip of the elbow. (award 2 mark if correct and 0 if not)	2		
5. - Read the number (nearest centimeter.) - Divided this number by two. - Marked the midpoint. (award 1 mark for each category)	3		
6. Straightened the client's arm and the tape around the arm at the mid (award 1 mark for correct and 0 if n	1		
7. Inspected the tension of the tape client's arm. (award 1 mark for correct and 0 if not)	1		
8. Read and recorded the measurement to the nearest 0.1cm. (award 2 mark for correct and 0 if not)	2		
9. Repeated the same procedure for the other preselected clients (award 1 mark for correct and 0 if not)	1		
Sub Total 1	19		
TASK 2: Develop a session plan and use it conduct a nutrition health talk on effects of under nutrition during pregnancy.			
10. Developed a session plan with the following components;			

Title	1		
Introduction	1		
Time	1		
Venue Group Counselling	1		
Objectives	3		
Body	5		
Conclusion	2		
<i>(Award marks as indicated for each correct and 0 if not)</i>			
11. Displayed empathy to clients in emergency in situation e.g. offers reassurance <i>(Award 1 mark for each correct and 0 if not)</i>	1		
12. Determined the type and extent of the nutrition problem. – (underweigh MUAC <210mm <i>(Award 2 marks for correct and 0 if</i>	2		
13. Determined the clients' current dietary pattern by use of a 24-hour dietary recall. <i>(Award 2 marks for correct and 0 if not</i>	2		
14. Identified the population at risk during emergencies. (pregnant women) <i>(Award 1 mark for correct and 0 if not)</i>	1		
15. Confirmed whether the pregnant women were in need of nutrition intervention Through analysis of the anthropometric data and dietary information. <i>(Award 1 mark for correct and 0 if not)</i>	2		
16. Informed the client about high-risk pregnancy factors such as Maternal weight	7		

• Pre – pregnancy BMI • Socio-economic status • Lifestyle habit • Age • Previous pregnancies • Maternal health <i>(Award 1 mark for correct and 0 if not)</i>			
17. Informed the clients about general nutritional requirements in pregnancy with regards to; • Energy • Protein • Micronutrients <i>(Award 1 marks for correct and 0 if not)</i>	3		
18. Identified common nutrition related complications in pregnancy and their management. • Morning sickness • Heart burn • Cravings and aversions • Constipation • Anaemia • Gastro – intestinal discomfort <i>(Award 1 mark for correct and 0 if not)</i>	6		
19. Utilized training aids • Flip charts /food guide pyramid <i>(Award 2 marks for correct and 0 if not)</i>	2		
20. Asked for the clients' feedback and whether they had any questions. <i>(Award 1 mark for correct and 0 if not)</i>	1		

21. Thanked the clients for attending the nutrition health education. (Award 2 marks for correct and 0 if not)	2		
Sub Total 2	43		
Task 3: Prescribe the appropriate therapeutic feeds and fill record in the register assuming all the women are underweight.			
22. Enrolled the patients into a food ration programme. (Award 1 marks for correct and 0 if not)	1		
23. Filled the food ration prescription form. (Award 3 marks for correct and 0 if not)	3		
24. Prescribed Fortified Blended Food commodities containing 10-12% from fat (Award 1 mark for correct and 0 if not)	1		
25. Prescribed daily supplements of iron 60mg/day (Award 1 mark for correct and 0 if not)	1		
26. Prescribed daily supplements of folic acid per day 400µg/day (Award 1 mark for correct and 0 if not)	1		
27. Recommend an increased daily intake of clean safe water (Award 1 mark for correct and 0 if not)	1		
28. Recommend 500g of mebendazole during the 2nd and 3rd trimesters (Award 1 mark for correct and 0 if not)	1		
Sub-Total 3	9		
GRAND TOTAL	71		
ASSESSMENT OUTCOME			

The candidate was found to be:	
Competent ☐	Not yet Competent ☐
<i>(Please tick as appropriate)</i> <i>(The candidate is competent if the candidate obtains at least 50%)</i>	
Feedback from the Candidate:	
Feedback to the Candidate:	
Candidate Signature	Date:
_____	_____
Assessor's Signature	Date
_____	_____