

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/01/6

Apply Nutrition in Emergency

July/Aug 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO ASSESSOR

1. Assess the candidate as the practical progresses observing the critical areas
2. You are required to mark the practical as the candidate perform the tasks
3. You are required to take video clips at critical points
4. Ensure the candidate has a name tag and registration code at the back and front

OBSERVATION CHECKLIST

Candidate's Name & Registration Code			
Assessors Name & Registration Code			
Venue of Assessment			
Date of Assessment			
Items to be Evaluated: <i>Please award marks as appropriate. Give a brief comment on your observation.</i>	Marks Available	Marks Obtained	Comments
1. Donned appropriate attire: • Lab coat • Closed shoes <i>(Award 1 mark for each)</i>	02		
2. Gathered all tools required to perform the task. <i>(award 1 mark if gathered and 0 if not)</i>	01		
TASK 1: CARRY OUT MUAUREMENT ON THE CLIENTS			
3. Carried out MUAC measurement as fo • Asked the client to remove any clothing covering the inactive arm. • Calculated the midpoint of the client's left upper arm and marked the mid-point. • Placed the tape at zero, indicated by two arrows, on the tip of the shoulder and pulled the tape straight down past the tip of the elbow. • Read the number (nearest centimeter.) • Divided this number by two. • Marked the midpoint.	09		

- Provides vitamins & minerals (like iron & vitamin C). - Try to eat 2 - 5 servings of fruit and servings of vegetable every day. Proteins – Body-Building Foods - Include: Beans, lentils, peas, eggs, fish, chicken, milk (if available). - Helps the fetus grow and supports maternal tissue growth. - Eat 2 – 3 servings per day Fats & Oils – Extra Energy - Include: Cooking oil, butter, nuts, avocado. - Adds calories for weight gain; good in small amounts. - Use sparingly (Award 2 mark for each)	06		
Sub-Total 2	28		
TASK 3: PRESCRIBE IRON AND FOLIC ACID TO THE THREE PREGNANT MOTHERS FOR A MONTH.			
7. Prescribed Iron and Folic acid supplement 30 tablets to each pregnant mother for one month. (Award 2 marks)	02		
8. Assessed on nutrition counseling skills - Use of training aids - Relevant and accurate knowledge - Communication skills - Time management (Award 1 mark each)	04		

9. Engaged the clients - Allowed the patient to ask questions - Responded correctly to the questions asked - Asked the patient to repeat some of the main points to check for understanding (Award 1 mark each)	03		
10. Concluded the session - Informed the patients of follow up review - Gave a return date to the patients (Award 1 mark each)	03		
Sub-Total 3	12		
GRAND TOTAL	52		
ASSESS UTCOME			
The candidate was found to be: Competent <input style="width: 40px; height: 20px; border: 1px solid black;" type="checkbox"/> Not yet Competent <input style="width: 40px; height: 20px; border: 1px solid black;" type="checkbox"/> (Please tick as appropriate) (The candidate is competent if the candidate obtains at least 50%)			
Feedback from the Candidate:			
Feedback to the Candidate:			
Candidate Signature		Date:	
_____		_____	
Assessor's Signature		Date	
_____		_____	