

091506T4NUT

NUTRITION AND DIETETICS

MED/OS/NUD/CR/01/6/A

Apply Nutrition in Emergency

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICE

Time: 2 HOURS

INSTRUCTIONS TO CANDIDATE:

Case Scenario:

You are deployed as a nutritionist in a clinic located in an area that has recently experienced a natural disaster. Due to this occurrence, there has been a surge in cases of malnutrition. On this day, three pregnant women have visited the clinic for check-up.

1. You are required to perform the following tasks:

Task 1: Carry out the appropriate rapid assessment and record

Task 2: Develop a session plan and use it to conduct nutrition health talk on effects of under nutrition during pregnancy.

Task 3: Prescribe the appropriate therapeutic feeds and fill record in the register assuming all the women are underweight.

2. You have been provided with the following resources.
 - a. Adult MUAC tape
 - b. Foolscape
 - c. Food guide pyramid
 - d. 3 Preselected clients to act as pregnant women
 - e. Skills lab
 - f. Food prescription register