

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/01/6

Apply Nutrition in Emergency

July/Aug 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICE ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE:

You are deployed as a nutritionist to a refugee camp located in an area that has recently experienced a natural disaster. While going about your daily activities, you identified three pregnant women namely X, Y and Z.

1. You are required to perform the following tasks:
 - a. Carry out MUAC measurement on the clients.
 - b. Assuming that the above measurements (MUAC) of the preselected pregnant women X, Y and Z are; 18.2cm, 19.5cm and 17cm respectively. Interpret the measurements and conduct a nutrition health talk accordingly, using a food pyramid guide.
 - c. Prescribe Iron and Folic acid to the three pregnant mothers for a month.
2. You have been provided with the following resources.

- a. Adult MUAC tape.
- b. Tape Measure.
- c. 90 IFAS tablets
- d. 2 Fools caps.
- e. Food guide pyramid.
- f. 3 Preselected female clients.
- g. Skills lab.

NB: The preselected clients represent the three pregnant women.